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Linking People, Learning, and Performance



Goal Setting for 2007 & The Benefits of Professional Coaching Tuesday Evening, October 24, 2006 (5:30 PM – 7:30 PM)

Event Type: Career Development SIG Event
Presenters: Nancy Allen – Impact T & D

Content Overview:

Fall is always an appropriate time for personal and professional planning for the coming year. The Career Development SIG is pleased to feature ASTD – Atlanta's own Nancy Allen as our facilitator for this outstanding 4th quarter event. Meeting participants will gain the opportunity to network amongst training and development professionals, assess their goals for 2007 and beyond, as well as understand the benefits of leveraging a professional coach and/or providing coaching services to individuals or corporations.

Research has demonstrated time and time again the tremendous benefits of coaching. Coaching is a learned skill that develops individual effectiveness and improves performance. The result of effective coaching inspires and challenges a person to perform and accomplish more, increases job satisfaction, and improves attitude and morale. This presentation will provide:

- Work / Life Assessment for Career Development Goals
- Receiving the benefits a coach or mentor to assist in achievement of goals
- Becoming a Coach yourself

Nancy Allen is a Business Coach and Professional Workshop Facilitator. For over 20 years she has specialized in personal transformation, focusing on improving performance and building strong teams. She has a Masters Degree in Counseling from John Carroll University and is a graduate of a two-year professional program at the Gestalt Institute of Cleveland. She is Past President of the Greater Cleveland Chapter of the American Society for Training & Development (ASTD) and is currently on the Board of Directors of the Atlanta chapter. Her commitment to clients is to support managers and employees in building strong relationships that foster teamwork and accountability.

Event Details

Cost: Free
Date & Time: Tuesday, October 24, 2006 - Networking: 5:30 PM
Speaker: 6:00 PM Q & A: 7:15-7:30 PM
Location: Veritas Consulting Group – Overlook III, Suite 1520,
2859 Paces Ferry Rd., Atlanta, GA 30339-6211
RSVP: Please RSVP to cliffordwilcox@bellsouth.net
Directions: Vinnings area (I-285 and Paces Ferry Rd.) close Home
Depot HQ. Please refer to directions on the next page.
Remove: If you would like to be removed from our e-mail list, please
respond to this e-mail with the word **REMOVE** in the subject
line.

ASTD Greater Atlanta Chapter
1260 Winchester Parkway, Suite 205, Smyrna, GA 30080
Phone: (770) 432-4042 . E-mail: info@astdatlanta.org

FROM THE NORTHSIDE VIA I-75:

Take I-75 South to I-285 West. Exit at Paces Ferry Rd. and turn left. Proceed forward on Paces Ferry Rd, crossing over Cumberland Parkway. A sign called **The Overlook** will be on your left across from Quick Trip. Turn into The Overlook and proceed to Overlook III, which is the 2nd driveway on your right. Park in visitors area, take elevators to the lobby and the guard on duty will direct you to the tenet elevators.

FROM THE SOUTHSIDE VIA I-75 AND GOING THROUGH DOWNTOWN ATLANTA:

Take I-75 North to I-285 West. . Exit at Paces Ferry Rd. and turn left. Proceed forward on Paces Ferry Rd, crossing over Cumberland Parkway. A sign called **The Overlook** will be on your left across from Quick Trip. Turn into The Overlook and proceed to Overlook III, which is the 2nd driveway on your right. Park in visitors area, take elevators to the lobby and the guard on duty will direct you to the tenet elevators.

FROM THE NORTHSIDE VIA I-85:

Take I-85 North to I-285 West. . Exit at Paces Ferry Rd. and turn left. Proceed forward on Paces Ferry Rd, crossing over Cumberland Parkway. A sign called **The Overlook** will be on your left across from Quick Trip. Turn into The Overlook and proceed to Overlook III, which is the 2nd driveway on your right. Park in visitors area, take elevators to the lobby and the guard on duty will direct you to the tenet elevators.

FROM THE SOUTHSIDE VIA I-85 AND GOING THROUGH DOWNTOWN ATLANTA:

Take I-85 North to I-75 North to I-285 West. . Exit at Paces Ferry Rd. and turn left. Proceed forward on Paces Ferry Rd, crossing over Cumberland Parkway. A sign called **The Overlook** will be on your left across from Quick Trip. Turn into The Overlook and proceed to Overlook III, which is the 2nd driveway on your right. Park in visitors area, take elevators to the lobby and the guard on duty will direct you to the tenet elevators.

FROM 400:

Take 400 South to I-285 West. Exit at Paces Ferry Rd. and turn left. Proceed forward on Paces Ferry Rd....The Overlook will be on your left across from Quick Trip. Turn there, which is called **Overlook Parkway** and proceed to building III. Park in visitors area, take elevators to the lobby and the guard on duty will direct you to the elevators.

FROM THE EASTSIDE VIA I-285:

Take I-285 West. . Exit at Paces Ferry Rd. and turn left. Proceed down Paces Ferry Rd, East crossing over Cumberland Parkway. A sign called **The Overlook** will be on your left across from Quick Trip. Turn there, which is called **Overlook Parkway**. Park in visitors area, take elevators to the lobby and the guard on duty will direct you to the tenet elevators.

FROM THE AIRPORT AND WESTSIDE VIA I-285:

I-285 East. Exit at Paces Ferry Rd. and turn right. Proceed forward on Paces Ferry Rd East, crossing over Cumberland Parkway. A sign called **The Overlook** will be on your left across from Quick Trip. Turn there, which is called **Overlook Parkway**. Proceed to Overlook III, which is the 2nd driveway on your right. Park in visitors area, take elevators to the lobby and the guard on duty will direct you to the tenet elevators.